



CHATTANOOGA TRACK CLUB 2022 RACE TEAM GUIDELINES

RACE TEAM OVERVIEW

The Chattanooga Track Club Race Team has been designed to recognize and support Club athletes who excel in distance running as well as track and field. This document serves to establish the set of criteria to be used in determining eligibility for the CTC Racing Program. The club provides support for and recognition of Race Team participants while team members themselves serve as running community ambassadors and represent the CTC on a local, regional and national level.

Interested parties should review the “CTC Race Team Structure and Qualifications” section below and submit information via the application on the Chattanooga Track Club website during the application period for consideration. Details about the application period and deadlines for applying to the CTC Race Team will be posted on the Chattanooga Track Club website (chattanoogatrackclub.org).

CTC RACE TEAM STRUCTURE AND QUALIFICATIONS

Minimum qualifications for CTC Race Team applicants:

- Chattanooga Track Club member in good standing.
- Willing and able to represent the CTC at local, regional and/or national events.
- Qualifying race times that place the applicant within Regional Class ranking of, ideally, 70% or higher based on the USA Track & Field Age Graded Calculator.
 - **to find your ranking:** visit the USATF website, populate the fields including age, gender, distance, time and then click “calculate”. Those with a “Regional Class” ranking (70%) or higher will be given first consideration for the Race Team. NOTE: Preference will also be given to runners who have participated in CTC Races in the prior calendar year. The calculator may be found here: www.usatf.org/statistics/calculators/agegrading. An example can be found at the end of this document.

Another good calculator that may also be easier to use: <https://runbundle.com/tools/age-grading-calculator>.

Notes:

- Candidates with age graded rankings below 70% can still make the team. Final cuts will only be made using these guidelines when applications within a gender / age group exceed available team positions.

Secondary qualifications for applicants and other notes:

- Previous membership in the CTC Race Team and, during that membership, satisfactory execution of Team Member Commitments
- The Race Team will strive to recruit a diverse, well-balanced membership with representation in many competitive categories including age and gender.

Race Team Structure

- Team membership will be limited to 28 individuals of up to 14 for each gender.
- Gender age groups (5-year increments) may be limited to 3 members, depending on overall applications.
- Race Team membership is for one year. The race team will complete its year on December 31.
- Each team member must re-apply and meet eligibility for each year they are on the Race Team
- The Race Team Captain will be nominated each year by the VP of Races or the VP of Membership and approved by a general vote of the board. The Team Captain(s) will be named by the February board meeting.
- The Race Team Captain(s) will manage applications, recruitment, budget and all other Race Team operations under the oversight of the Chattanooga Track Club Vice President of Membership and the CTC board of directors.

CTC SUPPORT FOR RACE TEAM MEMBERS

The CTC Shall provide for each CTC Race Team member:

- A CTC Race Team Singlet.
- Complimentary entry into two (2) CTC races. *Complimentary entry for the marathon only when prior volunteer requirements have been met and confirmed.*
- Reimbursement of entry fee up to \$80 for one (1) National level event, or a USATF certified event greater than 100 miles outside of Chattanooga.

The CTC shall also provide a stipend to aid with team travel to compete in the Cross-Country Club Nationals each year. The amount is to be reviewed annually, included in the budget as a separate Race Team expense line and approved by the Board of Directors.

RACE TEAM MEMBER COMMITMENTS

Each CTC Racing Team member will:

- Be an active, current CTC member in good standing.
- Represent CTC Race Team by wearing Race Team singlet at races he or she participates / races in (weather permitting).
- Participate in a minimum of 5 CTC and/or USATF Regional/National events within the calendar year.
- Provide proof of paid registration and event participation wearing CTC Race Team apparel when submitting for entry fee reimbursement.
- Provide at least 4 hours of service in the running community via volunteer work at any CTC-hosted/organized activities including races, running clinics, workshops, seminars or training programs. The member is responsible for notifying the Team Captain when volunteer hours have been completed.

In addition to these commitments, race team members as CTC members are expected to behave in a manner that is compliant with CTC's Code of Conduct at all races and /or while wearing Race Team apparel. CTC Race Team members are also expected to adhere to CTC's Social Media policy when representing CTC as a Race Team member via Facebook, Instagram, Twitter, etc.

REMOVAL FROM THE RACE TEAM

Race Team members may be dropped from the team for offenses including inappropriate behavior or failure to meet Team Member commitments. If a member is dropped from the team, they will not be reimbursed for unused free CTC race entries and will not receive reimbursement for race/travel expenses incurred after their dismissal from the Race Team.

RACE TEAM SPONSORSHIP

The Chattanooga Track Club is a 501c3 non-profit organization committed to promoting running and fitness. In addition to providing a Race Team opportunity, the CTC organizes 14 race events each year including an elementary and high school cross country series. It also provides many free opportunities such as group runs, training programs and educational workshops in the city of Chattanooga. The CTC relies on support from local organizations to aid with the continuation and growth of these opportunities. To learn more about sponsoring the CTC Race Team, please contact the Club Manager at ClubManager@ChattanoogaTrackClub.org.

A SCREEN SHOT OF THE USATF AGE GRADED CALCULATOR

In this example, a 25-year-old Female with a 5k time of 20 minutes falls within the 74th percentile, indicating she is within 'Regional Class' range.

The screenshot shows the USATF Track & Field website's 'Age Grading' calculator. The page features the USATF logo and 'USATF STORE' in the top right. A navigation bar includes links for ABOUT, EVENTS/CALENDAR, NEWS, STATS, ATHLETE BIOS, PRODUCTS/SERVICES, SPORTS, and RESOURCES FOR... On the left, a sidebar lists various record categories. The main content area is titled 'Age Grading' and includes a 'General Settings' section with dropdown menus for Sex (female), Age (25), Venue (road), and Distance (5 km). Below this are two calculation sections: 'Calculate Percentage' showing a time of 00:20:00 resulting in a 74.00% percentile, and 'Calculate Time' showing a 74.00% percentile resulting in a time of 21:08. A legend at the bottom explains the percentile ranges: 100% = Approximate World Record Level, Over 90% = World Class, Over 80% = National Class, Over 70% = Regional Class, and Over 60% = Local Class. A 'SHOP NOW' section on the right displays a pair of green running gloves and a photo of runners.